



Staff Well-Being

Use the template below to start thinking about and strategizing for increased staff well-being. How can you involve your staff in this process?

How would you describe your staff's well-being? Based on what?	
How would your staff describe their well-being?	
What is your current staff turnover rate?	
What do you want your staff turnover rate to be?	
What can you do to increase your staff retention rate?	*
	*
	*
How can you make your compensation package more attractive?	*
	*
	*
What else would you like to measure to capture your team's well-being?	*
	*
	*
What methods / instruments can you use to capture / measure the indicators of well-being you have chosen?	*
	*
	*
How can you incorporate well-being into your one-on-one meetings?	
How can you incorporate well-being into your team meetings?	
What is a first step you can take to get started?	



Use the questions below to start the important conversation about well-being with your team.

1. How would you describe our team culture? Based on what?
2. How do you feel when you walk into work every day?
3. How does your supervisor support you? How might they do it more effectively?
4. How would you describe your level of stress?
5. How does your work stress affect you?
6. What can the organization do to reduce the stress you experience at work?
7. What can you do to reduce the stress you experience at work?
8. How would you like the organization to support you when you are stressed?
9. What can you do to help yourself when you are stressed?
10. What idea(s) do you have to make this a healthy, fulfilling place to work?